

CalOptima Kids Weight Management Program



CalOptima Kids is offering a **FREE Weight Management Program** to selected members with obesity.

Criteria:

To participate, a patient must meet the following criteria:

1. Enrollment in CalOptima Kids Health Plan (Healthy Families Program)
2. Body Mass Index (BMI) score at or greater than the 95th percentile
[BMI= (Weight in lbs / Height in inches) / Height in inches x 703]
3. Ages 4-18 years old
4. No diagnosed co-morbidities

To make a referral, the patient's PCP must fill out an Authorization Request Form (ARF) and fax form with laboratory results to CalOptima Kids

Fax: 714-246-8730

To request an ARF or if you have any questions, contact
CalOptima Kids at 714-347-3272 or e-mail caloptimakids@caloptima.org

Thank you for your participation!